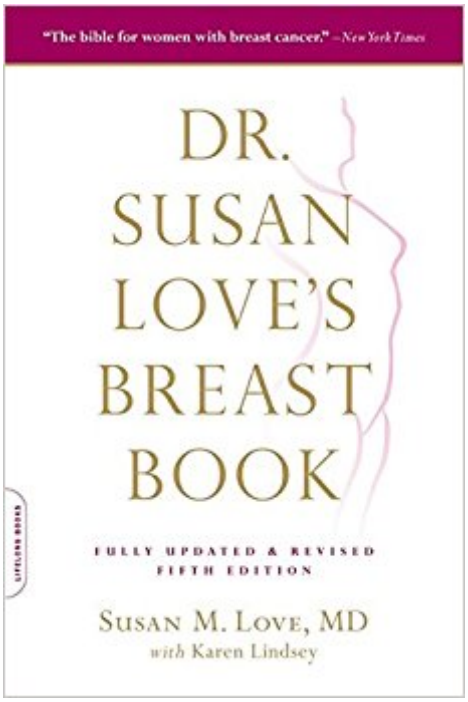
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Dr. Susan Love's Breast Book, 5th Edition (A Merloyd Lawrence Book)



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Synopsis

Dr. Susan Love’s Breast Book has long been the bible for the newly diagnosed. In this completely revised fifth edition, it also becomes a guide for those at risk of getting breast cancer, survivors interested in the consequences of their treatment, and anyone who wants to understand the new research about how the local environment influences the manifestations and treatments of many different kinds of breast cancer. Major advances being made in genetic research today mean that prevention and treatment can work not only to get rid of mutated cells (through chemo or surgery), but also to change the environment around the cells (through hormone therapy, exercise, and stress reduction). Among other promising developments discussed are advances in imaging, recognition of breast density as a risk factor, and a section focused on “personalized medicine” to help determine what kind of cancer you have and how best to treat it. Any woman facing a diagnosis, decisions about treatment, or concerns about prevention will find in Dr. Love’s book the information, guidance, and reassurance she needs.

Book Information

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Customer Reviews

Dr. Susan Love’s Breast Book has been considered the bible of breast-care books since it appeared in 1990. In 1995, Love completely updated the book in a 600-page second edition, including new biopsy and screening methods, implants, the pros and cons of hormone therapy, new discoveries in breast-cancer treatment, and many other topics. Every chapter has been rewritten, with the exception of the anatomy chapter ("The breast, I’m glad to report, is still located on the chest!").

Love presents copious medical information in a simple, welcoming style, and plentiful illustrations make the information even clearer. About two-thirds of the book deals with breast cancer: risk factors, prevention, screening, diagnosis, staging, emotions, treatment options, surgery, alternative treatments, clinical trials, and more. But the book isn't just about breast cancer. It's also about breast development, physiology, bras, nursing, sexuality--if it has to do with breasts, Love discusses it. Love also debunks breast myths: underwire bras do not cause cancer, neither do bruises or injuries; "fibrocystic disease" isn't really a disease. The book includes a wealth of resources: books, treatment centers, and organizations (but no Web sites--perhaps in the third edition?). --Joan Price --This text refers to the MP3 CD edition.

This second edition of Love and Lindsey's comprehensive 1990 title has been so thoroughly revised that, Love notes, only the anatomy chapter remains untouched: "The breast, I'm glad to report, is still located on the chest!" New information includes that on mammography screening, the breast cancer gene, the metastatic phase of breast cancer, the connection between mind and body, prevention and the importance of political awareness and action. Also updated are discussions of every conceivable aspect of the breast: from its health and development to such common concerns as normal tissue lumpiness and breast feeding, to issues surrounding breast cancer-its screening, diagnosis, causes, treatment, prevention and the directions of current research. Hormone therapy, silicone implants, breast biopsy, lumpectomy, reconstruction and bone-marrow transplants are also explained. With Lindsey (Friends as Family), Love, who is director of the Comprehensive Breast Center, associate professor of clinical surgery at UCLA School of Medicine and co-founder of the National Breast Cancer Coalition, offers a highly readable book that educates, supports and encourages women to become their own advocates of breast health. Copyright 1995 Reed Business Information, Inc. --This text refers to the MP3 CD edition.

This book is certainly exhaustive. TMI. I read it prior to my appointment with the oncologist. Because I had effectively studied before the conversation, I was familiar with everything the oncologist mentioned. That's good since the first appointment can be an overwhelming amount of information.But it was also the scariest book I've ever read, and since I read for a living, that's saying something! And I noted several places where it contradicted itself.It's probably not needed for stage I. It can be informative for stage II, since many stage IIs include chemo these days. For stage III, it can be a LOT of helpful info. It is brutally honest and pretty much writes off stage IV, which is where I was. The more I read it, the more depressed I got. If I stayed away from it for a few

days, I began to feel more optimistic.(But expect changes in both your diagnosis and prognosis as you go along and test results are reinterpreted and re categorized.)Definitely read it if you are being supportive for someone going through this challenge, especially if you are extra pair of ears going to appointments with that friend or relative. If you're the patient, I'd suggest just listening to your oncologist and relying on the American Cancer Society suggested protocols if you have any doubts.

I should have read this book when it first came out. I learned so much about the breast I didn't know. I was also able to learn a lot about the different types of Breast cancer. I've had breast cancer twice. Once in each breast and a different kind each time. I now understand the difference between the two cancers and why the second time required Chemotherapy while the first required me to take Femara for 5 years. I think every woman should read this book.

I was loaned a copy of this book by a co-worker when I was told I needed a biopsy. As I went through biopsy, surgery, radiation, and continuing care, I have used this book frequently to research each step of the treatment and each ache and pain. Doctors should give copies of the book to every patient because it certainly prevented many phone calls to my doctors when I could allay fears by reading that section of the book again and finding what I was experiencing was "normal" under the circumstances.I bought a copy of the book for myself, as well as copies for some of the ladies in my radiation rotation. When we meet other breast cancer patients on a daily basis as we go for radiation treatment over a period of weeks, we compared our experiences. Instead of panicking about differences in our experiences, we could all relate our personal situations and side effects through the book and realize that "normal" side effects can be different for each patient.

I am a physicist (not a physician) and know little about the field of medicine. When my wife was diagnosed with breast cancer at a young age, I wanted to understand all about the disease both for aiding in her treatment decisions and for educating my 4 year old daughter, who is now at risk.This book includes the standard "How the breast works", "Diagnosing cancer", "Treatment of cancer" chapters to guide people through the shock and emotional decision making required before surgery and help make decisions regarding chemo and radiation therapies. These are invaluable resources for anyone who wants more understanding than what is provided through a chat with their surgeon or oncologist or the thin pamphlets received at the hospital.The real value of this book, however, that sets it apart for all others, are the deep and rich chapters about other aspects of the breast and cancer. In particular, this book has a chapter on breast augmentation, which was recommended to

us after a mastectomy; a chapter on how cancer occurs on a genetic DNA level; a chapter on cancer prevention for my daughter; and a chapter on clinical trials - what they are, which might you choose, and how should you evaluate them.In short, this book has been valuable resource in making short term treatment decisions and looks to be a valuable resource in future years. I eagerly await the 4th edition, though I don’t know when or if it is coming.

One surgeon’s opinion...doesn’t go into alternate thinking. Today breast cancer is "on the rise." Why? Because of high-def mammograms medicine is picking up very early "lesions." DCIS. Ductus Carcinoma in Situ. This means that medicine is finding abnormal cells BEFORE they leave the milk ducts and invade the body.It’s called Stage 0 cancer. There are many researchers that think that we shouldn’t even call DCIS cancer...It’s stage zero. Think we shouldn’t even treat it. So many more women are being diagnosed which means surgery, then MORE surgery, radiation and chemotherapy...1.3 million per year. Should we be treating non-cancer so aggressively?Dr. Love is a breast surgeon so she doesn’t even go there...she just wants to talk about the surgery, radiation, and chemotherapy. Since I had DCIS I have done extensive review of peer research journals and clinical trials. There are a LOT of bad things that can go wrong with therapy which Dr. Love doesn’t bring up.I know that the US military gives one of her books to each of its patients who gets a mammogram at a military treatment facility...so it’s the best known book out there...I just feel it is way behind the times.

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